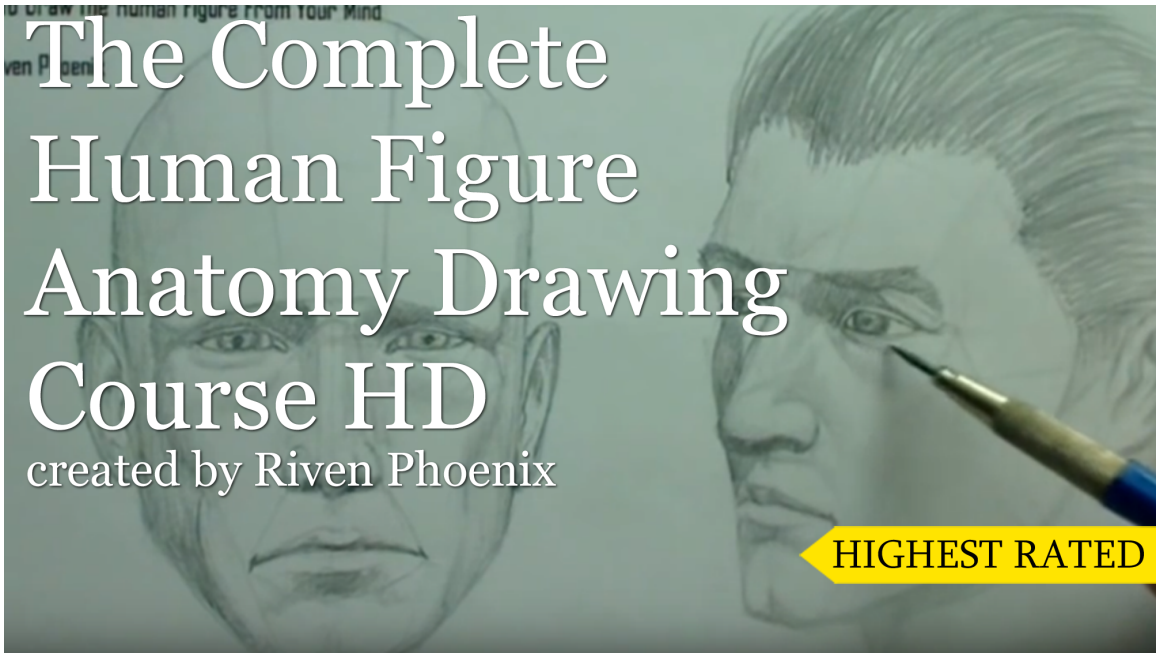

The Structure of Man

Learn to Draw the Human Figure From Your Mind with Riven Phoenix

www.alienthink.com

Figure Drawing Lesson 055 - Formulas of inner View of the invention of Foot

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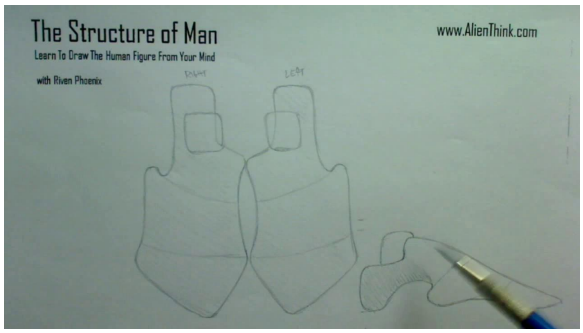
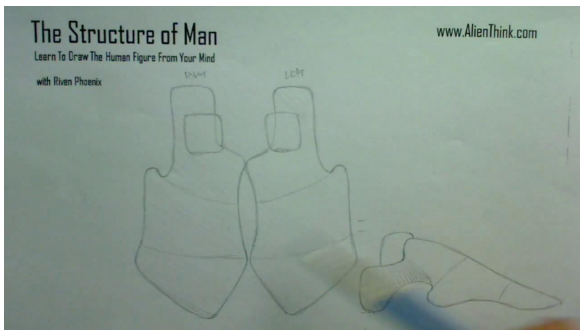
1		Hey guys, my name is Riven Phoenix and welcome to the Structure of Man Learned to Draw the Hidden Figure from your Mind Training course.
2		Okay, so now we've looked at understanding what's going on with the design of the foot from the outer right view.
3		What we want to do is now look at what happens when if we wanted to understand it from the interview right so this section over here.
4		So this part of understanding the foot is going to be crucial in just getting the concept down to how what is going on in the foot in both sides.

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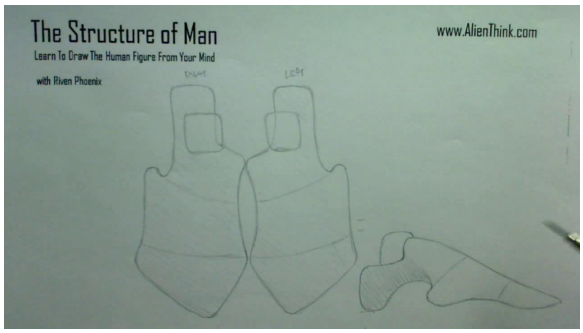
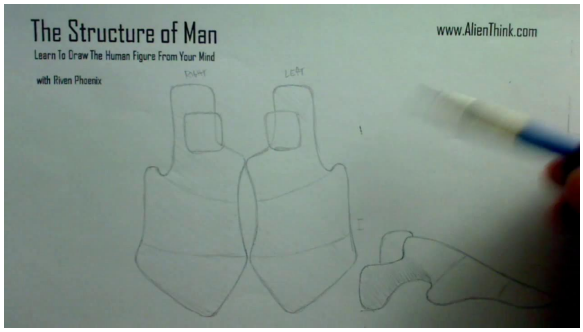
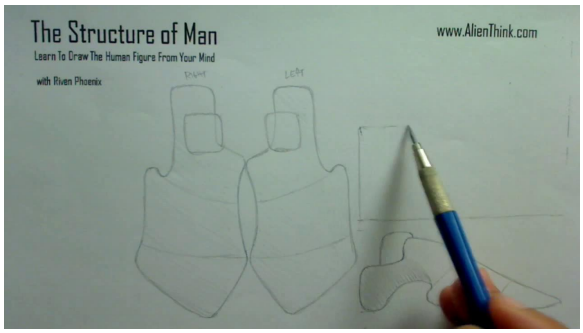
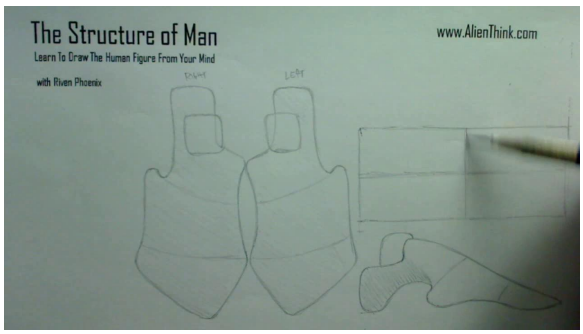
5		Right so what we want to do is basically just draw out really the same like this box shape over here.
6		So here I'm just going to draw out the box shape over here and I'm just going to draw that line over here right so it's going to be pretty much the it's going to be actually the exactly the same formula that we've been working with.
7		So we already know what the height is going to be all of this right so we know okay just divide this in here and over here and then just go down this way and just end over here.
8		Right so here I'm just being very sketchy about this again.

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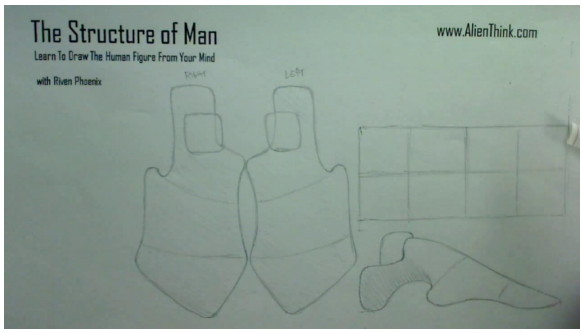
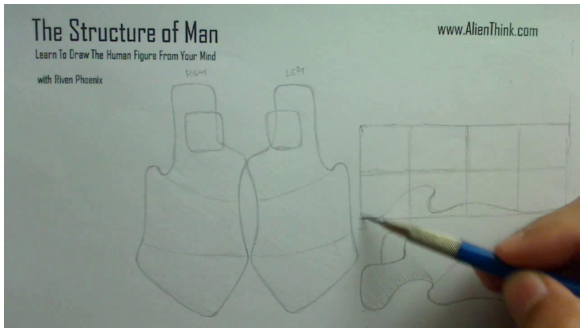
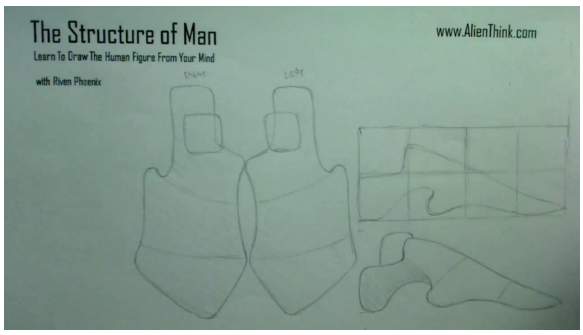
9		Okay so once we get this right we all we have to do is really repeat the same concept here again we know that if we're here on the center we're just going to go like this over here then come back around and then go back down over here right it's going to the same exact formula we're just going to understand this a little more different so this is just going to go down this way and we know that we're going to get this.
10		Here it's going to come like this over here right it's going to go up over here and then where this line is it's just going to come down right it's the same concept as the as the previous one was auto.
11		So the only difference is now we need to look at what's going on over here see this is there's a cut in here.
12		So really all there is to know about this is that we're going to basically come like this over here know that they're over here you're going to get like the muscles over here right so this here is going to now go like this curve all the way

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13		out over here and this is where your toe is going to be meaning that this side here it's really going to be an arch.
14		Right so this arch really goes like this in reality it's going to be like this it's going to come down all the way.
15		So you can see this guy from the from this side right so if you take a notice of your left foot if you look at the where the toe is
16		when you heal is you'll notice that there's an arch so on the female figure depending on everyone's foot some people have a bigger arch and some people don't have much of an arch right but on the male figure just know that there's going to be an arch over here right so

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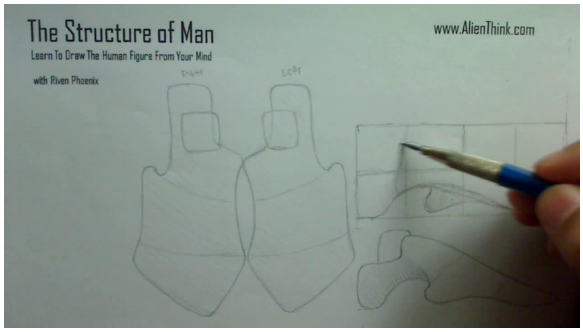
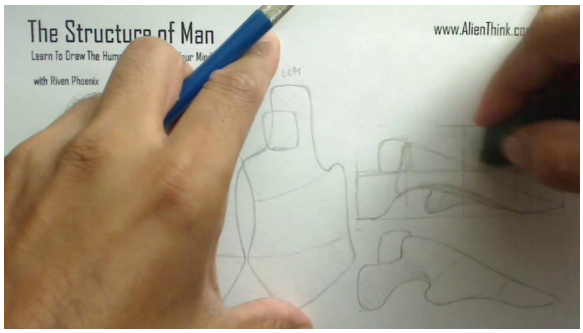
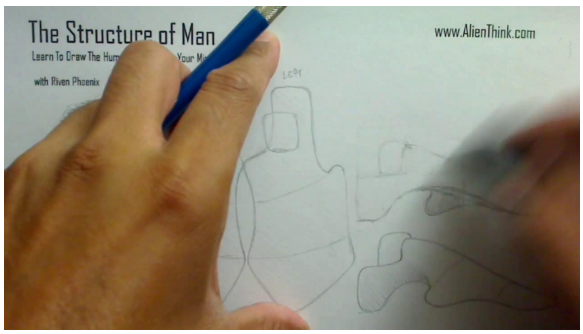
17		this is a rule that we're coming up with that there's an arch in the inner all this over here right so this really is nothing more than this going over here in this end right so this section here really we just need
18		to put this guy in like that and will be done with right so here I'm just going to take the eraser and
19		get rid of these lines here and just make this much more cleaner here you can understand this.
20		Okay so here it's going to be the notice where this is right so it's really just going to be coming more like this over here right and you're just going to get that area over here like this again and then you're going

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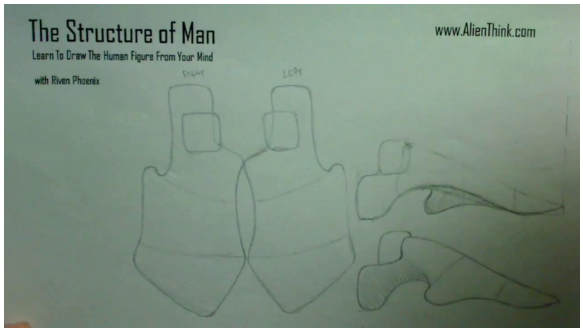
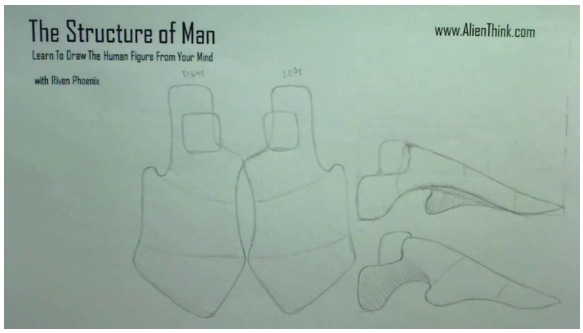
21		to get this arch coming down really this this way over here.
22		And then over here we're going to get remember this x point over here that you're going to get this like so.
23		Okay so if we wanted to look at this and say okay well how do you draw this freehand right so it's really going to be nothing more than let's say
24		if we had put down let's say two legs over here and we did like this let's say this make it miles type of a foot over here when we were sketching out or something right so this is going to be

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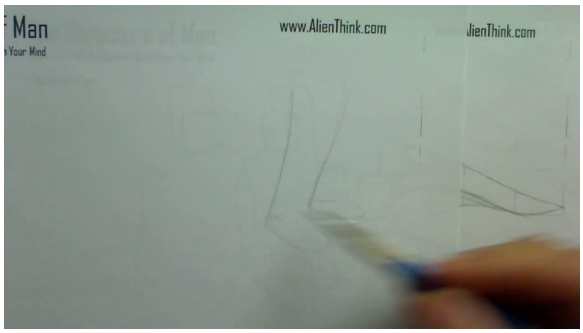
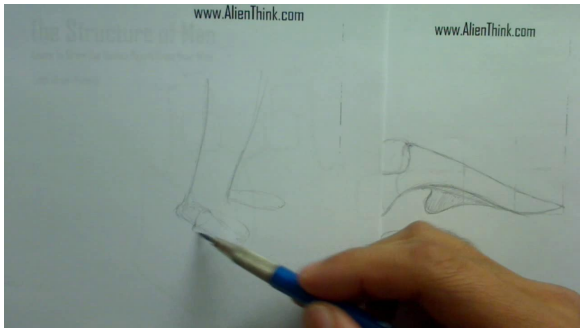
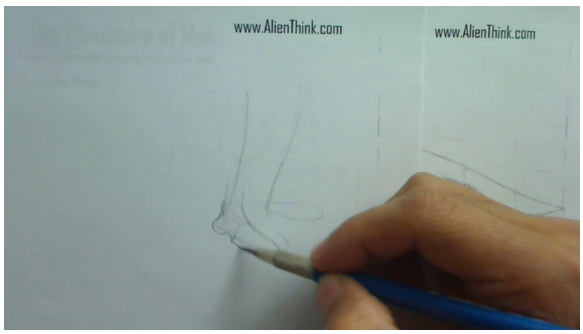
25		obviously perspective so here we can now start to think about this really in its 3D idea right just think about the 3D idea how was this originally done anyways right you
26		know that this is going to come over here like this you're going to get your toy area over there and it's just going to go in this way you're going to get that arch over there you're going to get your TBI in the
27		fibula going to be here right the fibula is more in the bottom over here so you're going to get that line so this is where this foot would be like this right this is like the quickest way of
28		understanding it and on the other side is it would be the same thing you would get this arch right knowing that you're going to get this arch over here or the

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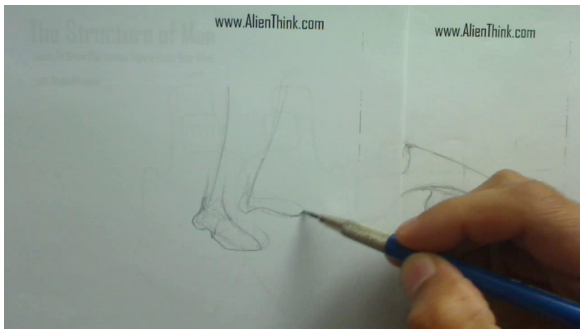
29		toy area is and this is going to be just going in this way and then you'll know that there's an arch over here it's going to be much
30		more higher over here right this is like a basic concept or of drawing it out so here I can just erase this a little bit right so conceptually we can just get the
31		mind to start to understand this over here you're going to get this over here like this right think about the dimension this is the
32		more flatter area on this end right and this is going to be much more higher up and then when we get into the muscles we

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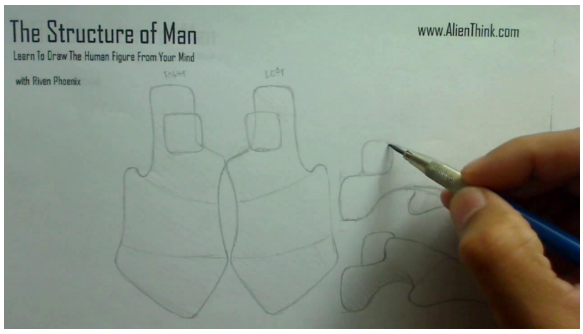
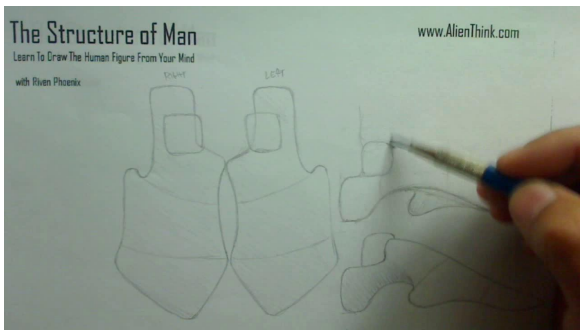
33		understand this a little more then this will be just like this going right so if you have to do this like a quick sketch or
34		something you just understand how the foot is just by knowing understanding this concept okay so the other thing here to
35		again to look at is basically the the tibia is going to be just above here right it's going to go about its
36		business and the people is on the other side so this is where you basically about get that point here on the foot and on the

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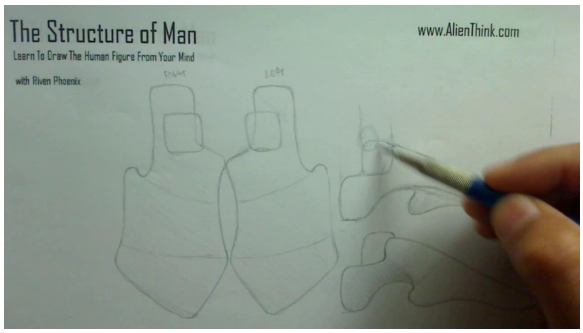
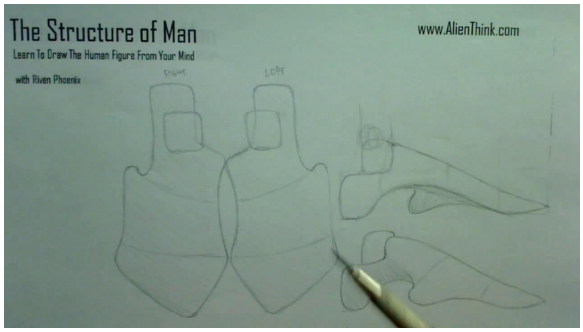
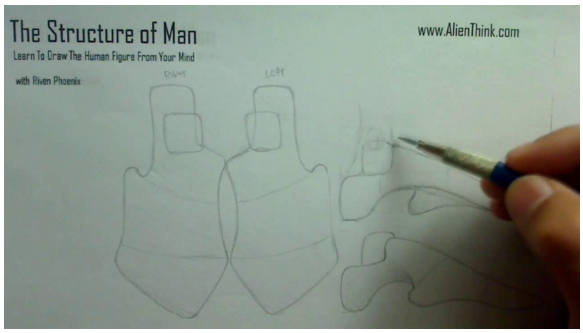
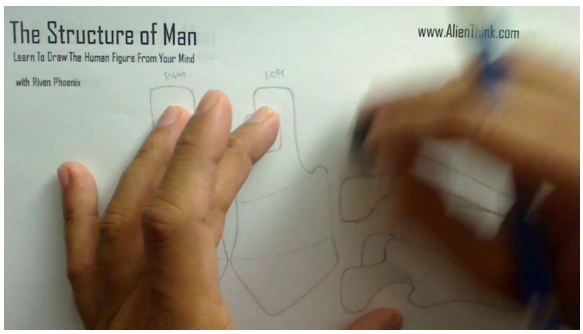
37		tibia it's right and it's going to be on the other side of the tibia it's going to be like it so remember this is over here and on the
38		tibia it's on the other side right so this guy is here and the other one is obviously lower and this is how you would get
39		like your muscle structure here it would go down in this way I'm just going to raise all this stuff here
40		okay so that's really basically it on understanding this guy over here nothing really went to it right so this arch here

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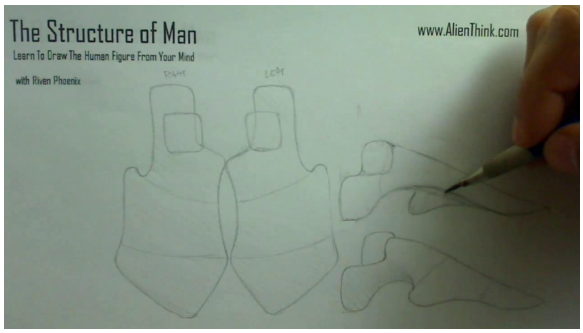
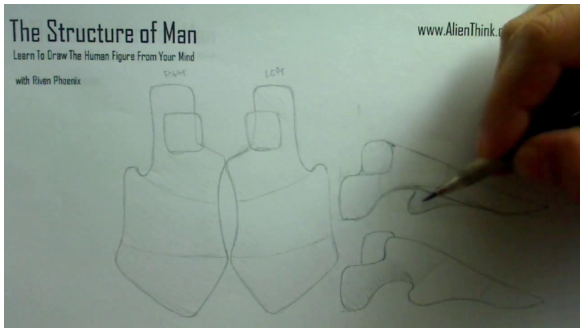
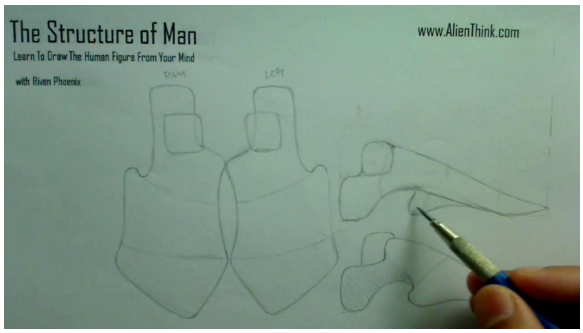
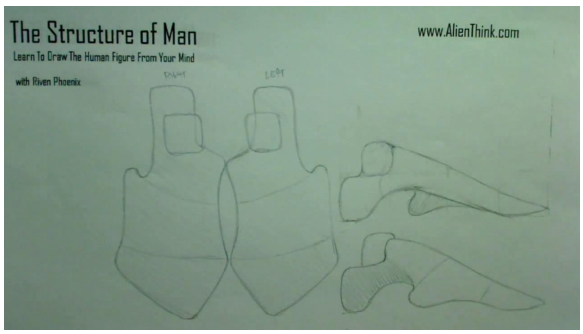
41		you can actually just truncate this down if you wanted to right it's just up to you right it's regardless
42		it's just going to be an arch over here so when the muscles come in this arch will probably disappear a lot
43		it's just going to be a little bit because you're going to get all those fat here for the bottom of the foot
44		okay so I'll see you in the next lesson

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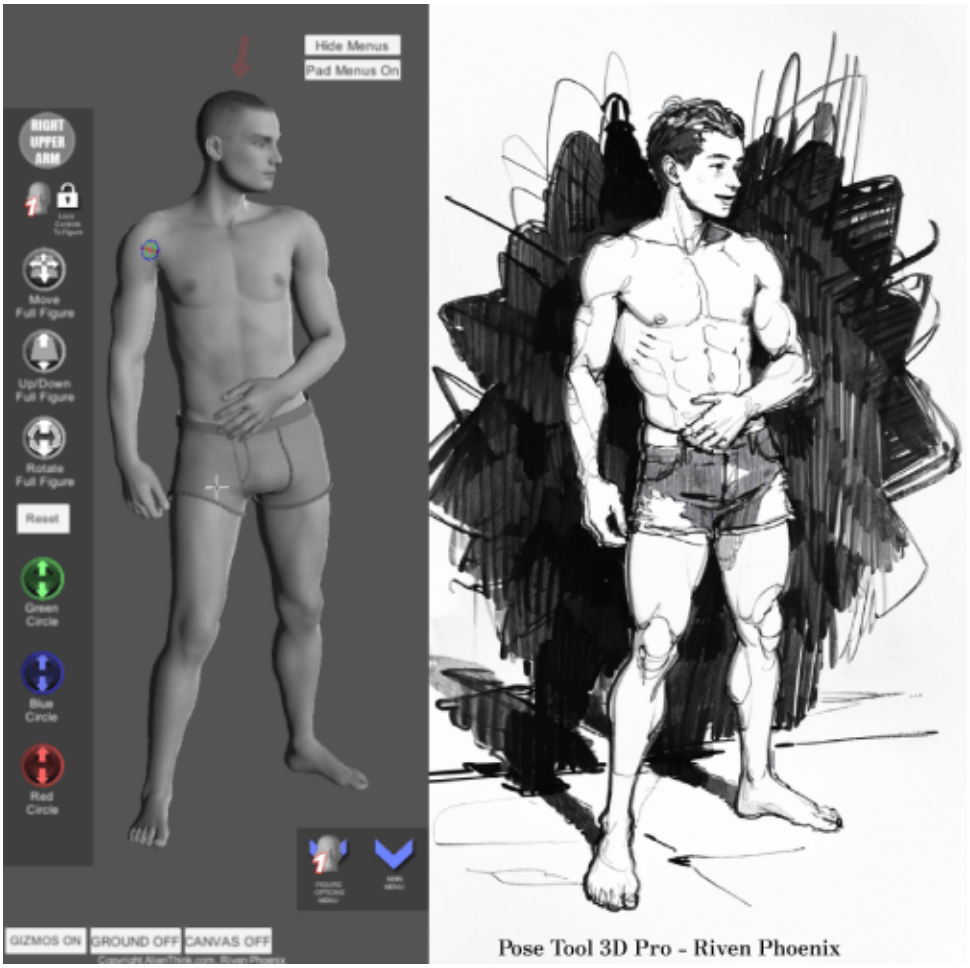

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